

TRACEN Petaluma Haley Hall Dining Facility

20JUL26 - 26JUL26

6	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT	VARIES	CHICKEN AND RICE SOUP	220	CHAR SIU PORK	350
	CREAM OF WHEAT	110	SEARED SALMON	220	LO MEIN NOODLES	214
	ASST. TOPPINGS	VARIES	PAPRIKASH CHICKEN	300	CALROSE RICE	325
	EGGS & OMELETS TO ORDER	VARIES	RICE PILAF	200	STEAMED EDAMAME	150
	BOILED EGGS	78	PENNE PASTA W/ GREMOLATA	120	SWEET CHILI BOK CHOY	77
	CHICKEN SAUSAGE LINKS	151	EGGPLANT CAPONATA	120		
	PORK SAUSAGE LINKS	180	SAUTEED BRUSSEL SPROUTS	30		
	BREAKFAST LATKES	210	<u>PLATED ALTERNATIVE</u>			
	WAFFLES W/ BUTTER & SYRUP	151 / 120	GRILLED CHICKEN W/ QUINOA SALAD (VEGETARIAN ALT.)	295		
	HAM & CHEESE QUICHE	320				
T U E S D A Y	FRESH FRUIT	VARIES	MEXICAN STREET CORN SOUP	110	SPAGHETTI & MEATBALLS	350
	OATMEAL	158	CHIPOTLE CHICKEN	275	ROASTED FINGERLING POTATOES	200
	ASST. TOPPINGS	VARIES	PORK CARNITAS W/ TORTILLAS	300	STEAMED BROCCOLINI	120
	EGGS & OMELETS TO ORDER	VARIES	FRIJOLE DE OLLA	180	ITALIAN BLEND VEGETABLES	140
	BOILED EGGS	78	CILANTRO LIME RICE	211	GARLIC BREAD	150
	CRISPY BACON	192	ELOTE ASADO (CORN)	302		
	GRILLED HAM STEAKS	180	COTIJA ROASTED MEXICAN VEGETABLES	110		
	HASH BROWNS	151	TOPPINGS BAR	VARIES		
	FRENCH TOAST W/ BUTTER & SYRUP	195 / 120	<u>PLATED ALTERNATIVE</u>			
	BISCUITS & SAUSAGE GRAVY	210	NACHO BAR	350		
W E D N E S D A Y	FRESH FRUIT	VARIES	COCONUT LENTIL SOUP	300	BLACKENED CHICKEN W/ CREOLE SAUCE	395
	HOT GRITS	142	JAMAICAN BEEF STEW	450	STEAMED WHITE RICE	280
	ASST. TOPPINGS	VARIES	JERK CHICKEN	335	GARLIC BUTTERED LINGUINI	241
	EGGS & OMELETS TO ORDER	VARIES	STEAMED JASMINE RICE	165	CARROT ALMONDINE	41
	BOILED EGGS	78	RASTA PASTA	298	ROASTED ASPARAGUS	121
	GRILLED SPAM / CORNED BEEF HASH	180	CARIBBEAN BLEND VEGETABLES	50	JALEPENO CHEDDAR CORNBREAD	210
	HOME FRIES	110	TANGY KALE	35		
	BLUEBERRY PANCAKE	210	NAAN BREAD	80		
	JASMINE RICE	105	<u>PLATED ALTERNATIVE</u>			
	BUTTER & SYRUP	120	CHICKEN SATAY SALAD BOWL	455		
T H U R S D A Y	FRESH FRUIT	VARIES	CREAMY PESTO CHICKEN AND GNOCCHI SOUP	310	GRILLED PORK TENDERLOIN	350
	CREAM OF WHEAT	110	GRILLED CHICKEN W/ LEMON & GARLIC BUTTER	380	CILANTRO RICE	225
	ASST. TOPPINGS	VARIES	SHRIMP SCAMPI	275	PATATAS BRAVAS	214
	EGGS & OMELETS TO ORDER	VARIES	HERBED PASTA	367	BROCCOLINI W/ LEMON CRUMBS	110
	BOILED EGGS	78	WILD MUSHROOM RISOTTO	289	RAINBOW BABY CARROTS	150
	CRISPY BACON	192	ROASTED CAULIFLOWER	110	FRENCH BREAD	77
	SAUSAGE HOT LINKS	195	ITALIAN BLEND VEGETABLES	85		
	GOLDEN HASH BROWN PATTIES	251	GARLIC BREAD	78		
	PANCAKES W/ BUTTER & SYRUP	210 / 120	<u>PLATED ALTERNATIVE</u>			
	BREAKFAST SANDWICHES	320	PORK BELLY BOWL (VEGETARIAN ALT.)	385		
F R I D A Y	FRESH FRUIT	VARIES	SEAFOOD CHOWDER	410	ALICE SPRING CHICKEN	310
	OATMEAL	158	CATCH OF THE DAY	VARIES	RICE PILAF	180
	ASST. TOPPINGS	VARIES	GRILLED NY STRIP	704	LOADED MASHED POTATOES	400
	EGGS & OMELETS TO ORDER	VARIES	RISSOLE POTATOES	242	CREAMED SPINACH	186
	BOILED EGGS	78	HERBED SAFFRON RICE	230	BRAISED BRUSSEL SPROUTS	160
	CHICKEN SAUSAGE LINKS	180	CANDIED GINGER ROOT VEGETABLES	100	HOT DINNER ROLLS	80
	PORK SAUSAGE LINKS	151	YELLOW SQUASH PROVENCAL	55		
	POTATOES O'BRIEN	210	STEAMED CRAB LEGS	VARIES		
	FRENCH TOAST W/ BUTTER & SYRUP	195 / 120				
	BREAKFAST BURRITOS	320				
S A T U R D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	365	OVEN FRIED CHICKEN	326
	HOT GRITS	142	CORNED BEEF HASH / PORK SAUSAGE LINKS	260	BROWN GRAVY	260
	ASST. TOPPINGS	VARIES	PANCAKES W/ BUTTER & SYRUP	210 / 120	APPLE CRANBERRY STUFFING	325
	EGGS & OMELETS TO ORDER	VARIES	TURKEY & PROVOLONE SANDWICH	210	MACARONI & CHEESE	290
	BOILED EGGS	78	HERBED LEMON GARLIC ROASTED POTATOES	105	STEAMED GREEN BEANS	80
	BACON / MAPLE PORK SAUSAGE LINKS	92 / 180	ROASTED VEGETABLES	98	CHEDDAR BISCUITS	260
	HASH BROWNS	151				
	PANCAKES W/ BUTTER & SYRUP	210 / 120				
	BISCUITS & SAUSAGE GRAVY	210				
S U N D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	BEEF STEW	320
	CREAM OF WHEAT	110	TURKEY SAUSAGE LINK / PORK SAUSAGE LINKS	320/180	BUTTERED EGG NOODLES	120
	ASST. TOPPINGS	VARIES	FRENCH TOAST STICKS W/ BUTTER & SYRUP	151 / 120	STEAMED WHITE RICE	215
	EGGS & OMELETS TO ORDER	VARIES	GRILLED HAM & CHEESE W/ TOMATO SOUP	350	STEAMED BROCCOLI	98
	BOILED EGGS	78	TATER TOTS	165	BRAISED BRUSSEL SPROUTS	45
	PORK SAUSAGE LINKS	180	MALIBU BLEND VEGETABLES	132	HOT DINNER ROLLS	180
	TURKEY SAUSAGE LINKS	145				
	HOME FRIES	151				
	FRENCH TOAST STICKS W/ BUTTER & SYRUP	151 / 120				

Week 6

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By: CSC K. A. Moon Dining Facility Supervisor	Reviewed By: CSC P. J. Stockbridge Food Service Officer	Approved By: Captain J. D. Burch Commanding Officer
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